

PLATES

CHOOSE ONE PROTEIN, TWO SIDES



PROTEIN

Grilled Tri Tip 11

IPA steak sauce

5 Spice Honey Roasted Pork Loin 10

cilantro-cashew gremolata

Grilled Rare Furikake Tombo Tuna 14

grilled pineapple salsa

Miso Chipotle Tofu 10

scallions and sesame seeds

Ancho Chili Grilled Chicken Breast 10

tomatillo cilantro sauce



Grilled Salmon 13

cucumber dill yogurt

Thai Lemongrass Chicken 10

sweet chili sauce & green onion

SIDES

Roasted Cauliflower and Broccoli

Pesto Farro and Arugula

Creamy Wasabi Cole Slaw

Roasted Garlic Confit Potatoes

Steamed Brown Rice

SALADS

Ancient Grains Bowl 11

kale, grilled corn, bell peppers, cucumbers, cherry tomatoes, lemon vinaigrette

Grilled Tri Tip Steak Salad 12

arugula, baby spinach, strawberries, carrots, shaved radishes, mint, cucumbers, lime-tahini vinaigrette

Turkey Cobb 11

herb roasted turkey breast, chopped romaine, egg, Hobbs bacon, cherry tomatoes, bleu cheese, avocado, red wine vinaigrette

Tombo Tuna Nicoise 14

haricot verts, hard boiled egg, nicoise olives, red potato, cherry tomatoes, organic greens, dijon vinaigrette

Balsamic Roasted Beet Salad 11

roasted golden beets, organic greens, oranges, feta cheese, toasted pepitas, balsamic dressing

SANDWICHES

Ancho Grilled Chicken Sandwich 10

garlic confit aioli, lettuce, tomato

Grilled Tri-Tip Sandwich 11

creamy horseradish sauce, arugula

Impossible Cheeseburger 12

plant based patty, garlic confit aioli, swiss cheese, tomato, lettuce, pickles

Grilled Tombo Tuna Sandwich 13

creamy cole slaw, wasabi aioli

Grilled Salmon Sandwich 12

cucumber dill yogurt, lettuce, tomato

ADD: AVOCADO \$1EA

LUNCH SERVED

MONDAY THROUGH FRIDAY

FROM 11AM - 2PM

SOUP & SIDES

Soup of the day 4.5 / 5.5

Roasted Cauliflower and Broccoli 2.5

Creamy Wasabi Coleslaw 2.5

Steamed Brown Rice 2.5

Pesto Farro and Arugula 2.5

Roasted Garlic Confit Potatoes 2.5

